

menu item	total calories	protein	carbohydrate	fats	sugar
MEAL REPLACERS					
PB cup	324 cal	31	13	18	5
Berry blast	288	30	37	3	28
Hawaiian sunset	313	30	41	3	22
Coffee lovers	348	32	16	20	7
Mocha coffee	133	30	6	2	2
Pb banana	572	42	61	20	29
Green machine	366	31	61	2	25
Almonilla	300	30	12	10	15
Banana Bread Shake	365	30	27	11	20
SMOOTHIE BOWLS					
Pitaya bliss	304	6	59	7	31
Dragon berry	343	4	64	10	32
Tropical paradise	310	3	51	2	35
Rise n shine	474	9	75	19	49
ACAI BOWLS					
Classic	484	7	80	18	49
Sunrise	476	7	99	10	52
PROTEIN BOWLS					
Banana Bread	574	23	83	22	50

Nuberry	583	27	51	43	26
PB Oreo	627	27	65	32	28
Cookie Monster	391	17	41	19	20
The Wellness Collection					
Babe boost	96	0	21	1	16
Orange dream	213	30	9	2	10
Glow getter	106	0	24	1	20
MatchaBerry	179	30	15	2	3